

## CYTOTOXIC DRUGS

### Routes of exposure

- Inhalation
- Skin or eye contact
- Injection due to sharps injury

### Potential Harmful effects

- Skin rashes (contact dermatitis, allergies, irritation)
- Hair loss, abdominal, vomiting
- Fetal abnormalities



### Preventing Exposure

- Wear gloves at all times or use a cup
- DO NOT crush or pierce (if need for G-tube ask for a liquid form or alternative)
- Avoid direct handling of tablets
- Apply ointment or lotions with disposable spatula
- BE AWARE of what is cytotoxic

### Commonly use Cytotoxic Drugs in LTC

Proscar<sup>®</sup>, Avodart<sup>®</sup>, Arimidex<sup>®</sup>, Tamoxifen<sup>®</sup>, Hydroxurea, Methotrexate (oral or injection), Misoprostal, Megace<sup>®</sup>, Casodex<sup>®</sup>, Imuran<sup>®</sup>, Leukeran<sup>®</sup>, Aldara<sup>®</sup> ointment.

***Dispose of contaminated equipment as cytotoxic waste.  
Know where your spill kit is in case of exposure.***