

## **INR AND VITAMIN K**

### **NEW CHEST GUIDELINES**

#### **For patients taking warfarin**

1. For consistently stable INR's frequency of testing up to every 12 weeks instead of every 4 weeks.
2. One single out of range INR  $< 0.5$  above or below therapeutic range continue current dose.
3. Optimal INR Range should be 2.0-3.0 with a target of 2.5.

### **Vitamin K for High INR's (Chest Guideline)**

1. INR's between 4.5 and 10 with no evidence of bleeding – routine use of Vitamin K is not recommended.
2. INR  $> 10$  with no evidence of bleeding – oral Vitamin K is recommended (injectable Vitamin K given orally is preferred).

*These are guidelines only, we recommend you refer to your home's policy.*

Reference: CHEST 2012; 141(2)(Suppl): 7S-47S Antithrombotic Therapy and Prevention of Thrombosis, 9th Edition: ACCP Guidelines