

MOVING MED/TREATMENT CARTS SAFELY

1. Make sure all drawers are closed and **lock** is engaged.
2. **Release brake** before moving or positioning cart.
3. Always **use narrow end** to pull or push cart (*it's more maneuverable*).
4. Use the **handle or the raised end** of the cart top to maneuver the cart.
5. **Pull** rather than push cart **over a threshold** that has a small rise (*less strain on the back*).
6. **Check the direction of the wheels** whenever you want to move the cart. Move the cart a couple of inches then push/pull in the direction you want to go. The castors will move sideways and the cart will move easily. This also works if the cart is parked against the wall.
7. **Tracking castors must be released** before turning the cart (*tracking castors are not on all carts and are used to keep a cart going in a straight line*).



***Taking care to move
carts safely will
reduce shoulder and
back injuries.***