

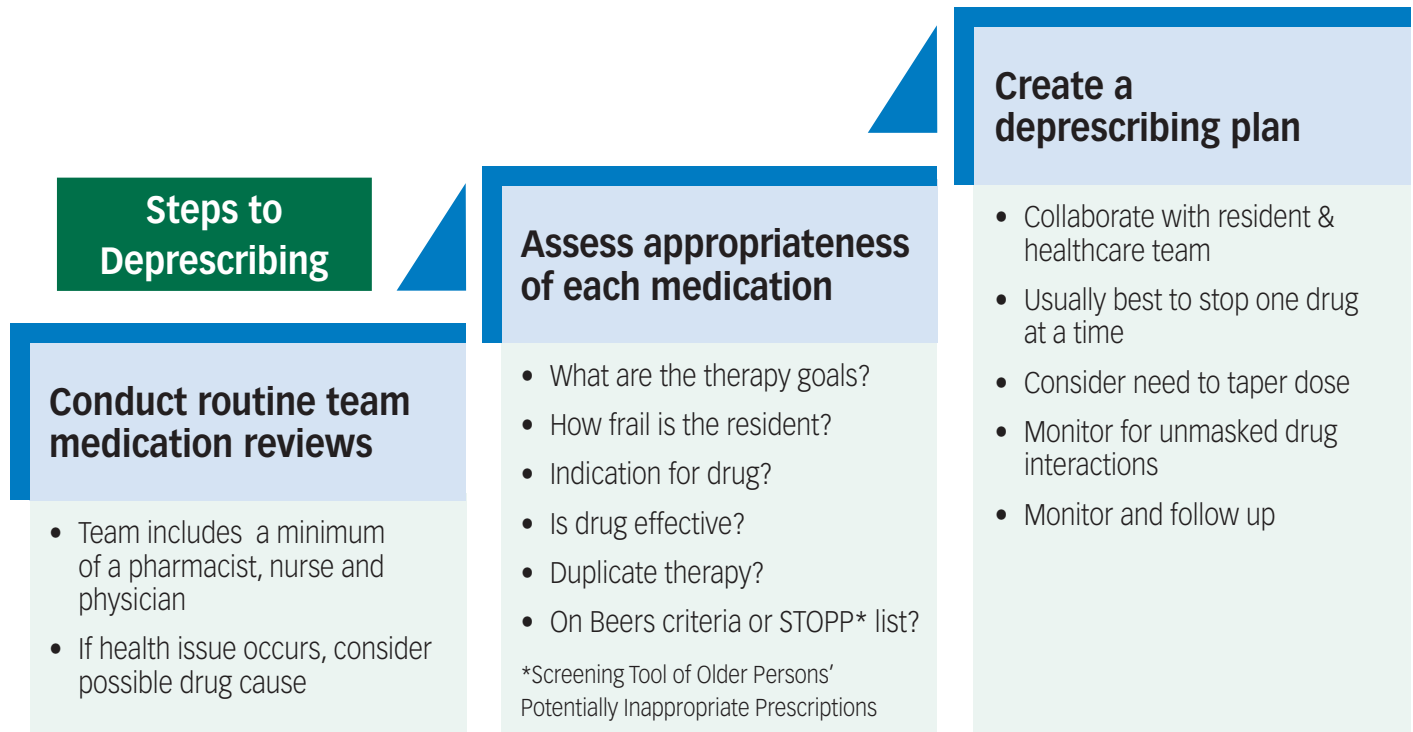
DEPRESCRIBING

- Polypharmacy can ↑ risk of adverse drug reactions (ADRs) due to ↑ number of drugs taken due in part to a "Prescribing Cascade"
- ADRs may include falls, cognitive impairment, constipation or insomnia and cause hospitalization or mortality¹

Prescribing Cascade example:



The Solution is Deprescribing^{1,2,3,4}



References:

1. Yakiwchuk E. Deprescribing – When more is not always better. Available at <http://www.skpharmacists.ca/media/90102/deprescribing.pas2015.presentation.pptx>. Accessed September, 15, 2015.
2. Rochon PA. Drug prescribing for older adults. Available at <http://www.uptodate.com/contents/drug-prescribing-for-older-adults>. Accessed September, 15, 2015.
3. Choosing Wisely Canada. Available at <http://www.choosingwiselycanada.org/>. Accessed September, 15, 2015.
4. Dalhousie University. Clinical Frailty Scale. Available at <http://geriatricresearch.medicine.dal.ca/pdf/Clinical%20Frailty%20Scale.pdf>. Accessed September, 15, 2015.