



Tips for Using Pill Crushers (Silent Knight® and Calm Press® Models)



- Place the tablet crusher directly in front of you alongside the front edge of the surface you are using. (While this may require moving your MAR binder or other materials, proper ergonomic placement of the pill crusher helps prevent injury from repeatedly using incorrect arm position.)
- Use pouches designed for use with a pill crusher
- Lift the handle and place the pouch about one-half way into the crushing area. Line up the tablets with the top of the metal crushing plate
- Press the handle down to crack the pills. Repeat pressing the handle down while feeding the tablets further into the crushing area. **EXCESSIVE FORCE IS NOT REQUIRED.**
- Tapping the handle rapidly while removing the pouch will pulverize the tablet into a fine powder.

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